

## Food and Nutrition Services

A variety of tasty and healthy foods are offered at Habilitat. The food service manager under the guidance of our Registered Dietitian creates menus to meet the nutritional needs of our residents. All menus meet state health guidelines.

Residents who require diets for nutrition related health problems as requested by their physician are provided with foods that meet their needs. Our registered dietitian also provides nutrition counseling to these residents.



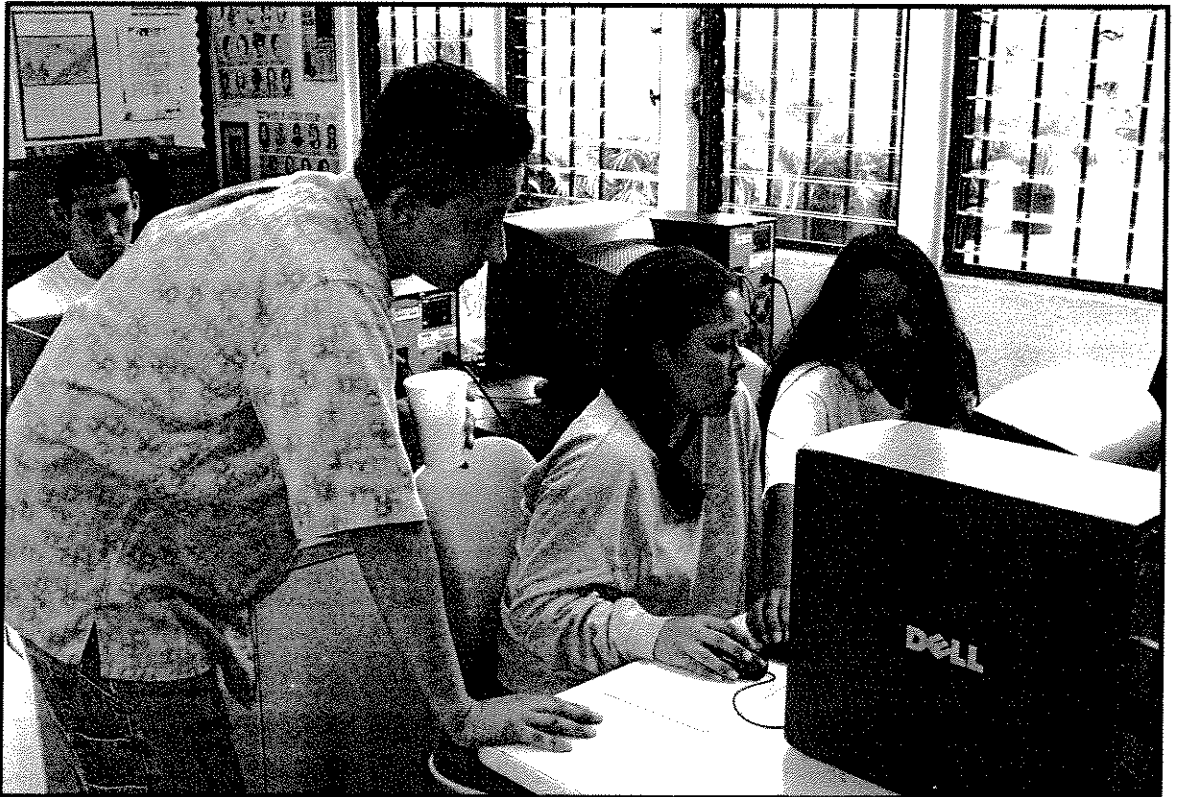
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## Computer Classes



We have computer classes specifically designed to train residents for their vocational training departments. Depending on a residents existing level they can participate in classes that range from turning on a computer to building databases and other more advanced skills through Microsoft Word, Excel, Access, and Power Point.

Computers are a necessary addition to the repertoire of knowledge that is needed to get a job in the world today. Learning to work with them helps to prepare our people to earn an honest living upon graduation.



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ne Habilitat experience teaches graduates many things about life and themselves. Whether it be the concepts of the program or vocational training a resident embraces that one thing that later serves as the foundation of their new person.

**"The single most important idea Habilitat instilled in me is accountability for myself and all of my actions.**

I realized that I am in control of the good and the bad events in my daily life. I got nowhere blaming others for my mistakes. I've stopped making excuses and started looking at what I could have done or what I neglected to do. This in turn enabled me to change my attitude from an extremely negative perspective into one in which I am able to see both sides and make better decisions because of this change.

After I graduated Habilitat I went back to college at the University of Hawaii. I am studying Secondary Education with a language arts focus. I am on the Dean's List and I have earned straight A's in the College of Education. I will graduate in May 2006. My whole family is flying out to watch what a few years ago seemed impossible, me walking down the aisle to collect my college diploma. After I graduate I will be moving to Japan to teach English for the Japanese government. Quite a change from the 125 pound negative creep heroin addict who arrived in Hawaii in May of 2000. I owe this transformation to my family, the friends I made at Habilitat and most importantly to myself because I am accountable."

**Jon Tillery**

Graduated May 1, 2003  
University of Hawaii  
Secondary Education Major

"Entering the program at the age of 15 was challenging for me. Going from a life of drugs, crime and illegal activity then entering a program - and, having to "grow-up" was very difficult. **The program has helped me in many ways, but most importantly - to be responsible.** Not only for my actions, but for my education, my future, and my life. Being responsible has led me towards a brighter and promising future."

**Zeny Agas**

Graduated, January 1, 2002  
Title Guaranty of Hawaii, Inc.  
Title Representative  
Refinance Department

"I believe that the computer skills and running the Administration Department helped me with where I am today. Overall, the basics of the program have proven to be a foundation in my life. **I practice what I learned and apply the principles to every decision I make.** The program saved my life and introduced me to a great one that I am so proud of today."

**Kim Cano**

Graduated, October 16, 2000  
Office Manager  
Haztech Environmental Services, Inc.

Managing Consultant  
Goodenow Associates, Inc.  
Pre-employment/Tenant Screening  
Division

Last Step:  
**SUCCESS**



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**Our  
warmest  
thanks to  
all of you  
who  
continue to  
support  
and  
believe in  
us:**

AAW Surf & Sport  
Aaron Chang Clothing  
Accel Wheels  
ACCO International  
Ace Tool  
ACME United Corp.  
Action Tree Service  
Adrienne Designs  
Advertising Associates  
International  
Affassco  
AFTCO Blue Water Wear  
Aggro Pacific  
Air Liquide of America  
Aloha Petroleum  
Aloha Shoyu  
Alpine Stars  
Anna G  
Anna Paul  
Anne Klein  
Anvil Knitwear  
Aqua Leisure  
Architectural Surfaces  
AS & H Resources  
Atlantis Adventures  
Atlantis Match  
Atomic Ski USA  
Audies Auto Tech  
Avi Kiriatty  
Avon  
Baby Phat NY  
Baird & Co Inc.  
Banana Republic  
Barrs Muffler & Welding Shop  
Bass World West  
BC Surf  
Benchmade Knives  
Benihana  
Bernie Donahue  
Bette & Court  
Bibbero Systems Inc.  
Bill Braden  
Bissell Inc.  
Black Flys  
Black Hawk Products Group  
Blackbox  
Blockbusters  
Bloodline  
Blue Cast Denim  
Blue Dolphin Designs  
Blue Planet Surf  
Boast Inc.  
Body Glove Apparel  
Body Shop  
Bondhus  
Boss  
Bounty Trading Co.  
Bowtech  
Bradford Billiards & Bars  
Branch Med Supply  
Bright Glow  
Burger King  
Burton Snowboards

Cabela's  
Calvin Klein Sport  
Carhartt  
Carolina Skiff  
Cathay Kai Fine Jewelry  
Central Marine  
Chanel Boutique  
Chattem Consumer Products  
Chicago Pneumatics  
Chuck "E" Cheese  
Church & Dwight Co. Inc.  
Cico Enterprises  
Cinnamon Girl  
Circle T  
Circus Circus Hotel & Casino  
City Mill  
Clips  
Coach  
Cobblestones  
Coca Cola  
Coker Cues  
Coloplast  
Commercial Enterprises  
Con Surfboards  
Conair Corporation  
Conney Safety Products  
Costco  
Creighton Inc.  
Crystal Lockwood  
D&D Trading Co.  
David Gallegos  
Day Runner  
Dean Markley  
Deep Ecology  
Demarze Co  
Dental Works  
DFG Inc.  
DKNY  
DNE Pharmaceuticals  
Dragon Optical  
Dub Mag Audio  
E. Smith Socks  
Eagle Claw  
Ecko  
Ecover  
Element Skateboards  
Enzania  
Escalade Sports  
Eunco  
Eversharp Pen Company  
Excel High Inc.  
Express Fashion  
Eyecatcher Sunglasses  
Fancee Free Mfg.  
Fantastic Sams  
FastCap  
Felina Lingerie  
Fila USA  
Flipside  
Flojos  
Floral Resources  
Fox Creek Leather

Franklin Instrument Co. Inc.  
FreshJive  
Fruit of the Loom  
Furuno  
Gaspro  
George McGhee  
Giant  
Gibson Guitars  
Gillette Corporation  
Globe  
Golden Eagle Distributors  
Gold's Gym  
Good Neighbor Pharmacy  
Good Sports Inc.  
Goode Ski Tech  
Gouvea Sausage  
Grainger Inc.  
Grande's Gems & Gallery  
Granite Knitwear  
Graphic Prints  
Great American Business  
Great Neck Saw  
Green Hawaii Landscaping  
Gregg Shirtmakers  
Haigh Enterprises  
Hampton Fitness Products  
Hanes Her Way  
Hanes Hosiery Inc.  
Happy Shirts  
Happy's Snack Shop  
Hard Rock Café  
Hardware Hawaii  
Harley Davidson  
Harloff  
Harold's  
Head Penn Racquet Sports  
Healing Source  
Herbert Chock & Associates  
Hitachi  
HL Corporation  
HMAA  
Hobey Beck  
Hopaco  
Kong Enterprises  
Howard Berger Co.  
HPC Foods  
Humboldt Surf Shop  
Hurley  
I.C. Isaacs  
Identification Products Corp.  
Ikelite Manufacturing  
IMPO International  
In Hear Fashion  
Indich Collection  
Indigenous Designs Corp  
Inspiration  
International Data Pater Inc.  
International Galleria &  
Design  
Iridium Jewelry  
Irwin Tool  
J&B Dental Supply  
J&D Painting



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Jack in the Box  
Jade Painting  
Janzten  
Jemco Products Co.  
INCO  
lockey  
Joe Boxer  
John Severson  
Johnson & Johnson  
Johnson Knitting  
Kaiser Permanente  
Kaj's  
Kangol  
Karaoke.com  
Kawahara Gardening Spec,  
KIC.  
K Toy Store  
K & Company  
Kelley Cutlery Etc.  
Kellwood Co.  
Keneke's  
Kenneth Cole  
Kicker  
Koby  
K Mart  
Kona Boardsports  
Kshala Divers LTD  
Kskatat  
Koman Sportswear  
Kramers  
Knce Fairly Gallery  
Kncer  
Kntis Eyewear  
Knzar  
Kverne's Catering  
Katherman Tool Group  
Knschafters  
Ksewear  
Kda Porten  
Ke Corporation  
Klaiborne  
Kcal Motion  
Kcals Only  
Kkwood & Associates  
Kesome Charlies  
Knging International  
Kngs Drugs  
Kves  
K  
Kky 13  
Kky Brand Jeans  
Kottica  
Kus International  
K. Soffle Co.  
Kd Soul Clothing  
Kdenform  
Kna Riders  
Ktthe Francois Girbaud  
Kshall White  
Ky Kay cosmetics  
Kyland Brush Co.  
Kch Jeans  
K Studio  
Kx Boxer

McDermott Cues  
McDonald's  
Mead Johnson  
Mecca/ International News  
Medline Industries Inc.  
Mephisto Tool Co.  
Merle Norman  
Mervin Mfg.  
Miami Cool Wear  
Midweek  
MK Diamond  
Molten USA  
Morena Gino Enterprises  
Mudd Jeans  
National Detroit  
Nextel  
Nielson Kellerman  
Nitrous Express  
Non-Stop Travel  
North Face, the  
Oakley  
Ocean Joy Cruises  
Orange Glo  
Oreck  
Pacific Clothing  
Pacific Home  
Pacific Rim Cycle  
Pac Blue Concrete of Hawaii  
Pan Aqua's Diving Bell  
Pan Pacific Brokerage  
Paradise Beaty Center  
Paradise Collection Unlimited  
Paris Blue  
Patagonia  
Paul Brown Salon  
Paul Davril  
Paul J. Armbruster, Goldsmith  
Phat Sound Productions  
Pilot Corporation of America  
Pizza Hut  
Polaris Ind.  
Polk Audio  
Polo Jeans  
Polo Ralph Lauren  
Premium Inc.  
Prison Blues  
Product Resources  
PT Massage  
PVH Apparel Group  
Quicksilver  
R&K Maintenance  
Rainbow West  
Randy Pitre Fine Arts  
Red Lobster  
Rhino Linings  
Rip Curl  
Rising Tide  
Ritchie Swimwear  
Riviera Clothing Co.  
Robinson Mfg.  
Roca Wear Clothing  
Rock Sports  
Round Table Pizza  
Rousseau Inc.

Ryobi American Corporation  
Safeway  
Salon 45  
Salon Services  
Sam Goody  
San Francisco Network  
San Segal Sportswear  
Sandy's Creations  
Santa Cruz Snowboards  
Scubapro  
Sean John  
Senco  
Serenity Nail Salon  
Service Printing Co.  
Shades of California  
Shavel Home Products  
Shimano  
Shirley of Hollywood  
Shred Alert  
Sick Surf Hawaii  
Sierra Stream & Mountain  
Silkwood Wholesale  
Simmons Co.  
Sky High Unlimited  
Skyline Northwest Corporation  
Smead Manufacturing  
Smith Sport Optics  
Solid Surf  
Sony Pictures Digital  
Southern Pride Choppers  
Spartan Sportswear  
Starbucks  
Stone Mfg.  
Stussy Inc.  
Subway  
Sun Industries  
Sunderland of Scotland  
Taco Bell  
Ted Baker LTD  
Tee Top of California  
Testron  
Texas Pneumatic  
The Allen Company  
The Gap  
The Hunter Collectibles  
The Tire Rack  
The Willows  
Timberland Co. Inc.  
Tohatsu  
Tokoro Surf Boards  
Tommy Bahamas  
Tommy Hilfiger  
Tommy's Design Inc.  
Tommy's Jewelry  
Topaz Goldsmith & Gallery  
Tori Richards  
Toshiba America  
Toys - R - Us  
Turf & Shrub Care Hawaii  
Unitek Solvent Services  
Windward Automotive Repair  
Windward School



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**CERTIFICATE OF SERVICE**

I hereby certify that a true and correct copy of the foregoing document was duly mailed and/or personally delivered to the following on April 28, 2006:

WES REBER PORTER  
Assistant United States Attorney  
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300 Ala Moana Boulevard, Suite 7104  
Honolulu, Hawaii 96850-5269

DATED: Kaneohe, Hawaii, April 28, 2006.

  
CYNTHIA A. KAGIWADA